

Free Activities

OUTDOORS

Walks – ‘adventures’, scavenger hunt.

In the woods, kicking up leaves,

Along the beach,

Collecting leaves/shells/stones

Dunstaffnage Castle,

Along the esplanade

Watch the boats- cars coming off ferry

Feed the ducks

Throw Stones in the water

Splashing in puddles

Rolling down a hill, cartwheels (if you are particularly athletic)

Parks – Dunollie; Dunbeg; Atlantis; Soroba; a few behind the hospital

Fly a kite

Games-: football, chase a ball, hide & seek, hoola hoop

Indoors

Pets at home – you can look at the animals/fish

Library; Rhyme time

Toy Cupboard; Monday AM Gaelic Session and rhyme time, Tuesday PM

Friday AM

Basin of water

Playdough – make your own

Painting/drawing,

Jigsaws, skittles,

Cutting/tearing and sticking (old catalogues are great)

Cardboard box – can be anything, pirate ship, doll’s house, fire-engine etc

‘tents’ pretend/imaginative play,

Snap, reading, nursery rhymes, action songs

Cooking- esp cold ‘cooking’

‘housework’

pots and pans, clothes pegs, wooden spoons